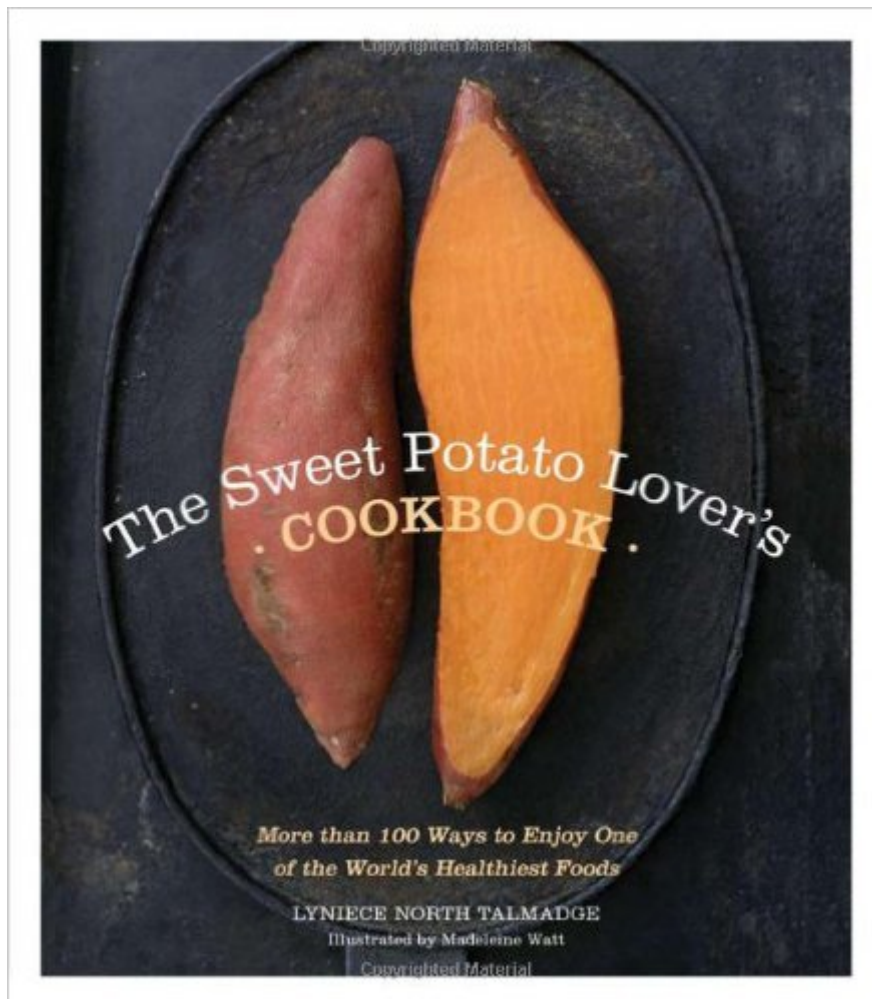


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The Sweet Potato Lover's Cookbook: More Than 100 Ways To Enjoy One Of The World's Healthiest Foods



Synopsis

Endless Mealtime Possibilities and Spectacular Flavors! As every sweet potato lover knows, it's more than just a holiday side dish-it's one of the world's healthiest and most flavorful foods! In this unique collection bursting with over one hundred recipes, you'll find easy-to-make dishes that highlight the natural and delicious flavors of this versatile vegetable. Enjoy sweet potatoes year-round with recipes for appetizers, soups, main courses, side dishes, and even breakfasts and desserts! Tempt your taste buds with: Orange Butter Sweet Potato Waffles Andouille Sausage and Sweet Potato Soup Sweet Potato Dumplings Spiced Sweet Potato Chips Candied Sweet Potatoes Easy Caramel Sweet Potato Pie And more! Â Start cooking today and you'll discover why so many people are in love with The Sweet Potato Lover's Cookbook.

Book Information

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Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (14 customer reviews)

Best Sellers Rank: #384,501 in Books (See Top 100 in Books) #36 inÂ Books > Cookbooks, Food & Wine > Cooking by Ingredient > Potatoes #372 inÂ Books > Cookbooks, Food & Wine > Cooking by Ingredient > Vegetables #4519 inÂ Books > Cookbooks, Food & Wine > Special Diet

Customer Reviews

These days, I think published cook books need better formatting and illustration in order to compete against the resources that are already available through an internet search. This nice little book on sweet potatoes would have benefited greatly from some color photographs - especially since it is basically a revised and updated edition of The Sweet Potato Cookbook. As it stands, the only color photos are on the front and back cover. If I were considering this book as a gift for someone - say for my diabetic father or anyone moving away from white potatoes for health reasons - I would be unhappy with this purchase. While it is full of recipes, it lacks visual appeal. There are a few drawn illustrations but they do little to educate or inspire, in my opinion. The recipes range from super simple mashed sweet potatoes to exotic desserts like Lime Sweet Potato Chiffon Pie (boy, I sure

would have loved to see what that looks like). There are small fact and history sections in the front that I found interesting. Such as putting cut sweet potatoes in salt water to keep them from browning. Recipes are divided up into the traditional categories: appetizers, beverages, soups, salads, breads, breakfasts, main dishes, side dishes, friendship recipes (recipes shared by friends) and some international selections in the Around the World chapter. There's a wide variety here to choose from and since I bought this for my own use, I am not unhappy with my purchase. It will benefit anyone who would like to learn more about cooking this super food - to include the traditional methods.

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